

OC ALL-STARS

2023 – 2024 ALL-STAR INFO PACKET



WELCOME TO OC ALL-STARS!

We are honored that you have chosen OC All-Stars and we will do everything in our power to see that your experience with us is positive and unforgettable! Our mission is to offer the ultimate competitive team experience! OC All-Stars teaches athletes to be exceptional cheerleaders and dancers, but most of all, we teach kids to be exceptional people. Focusing on teamwork and structured, safe workouts, we strive to provide a fun, positive learning environment for our team members. OC All-Stars team members learn how to encourage and support one another while building their own confidence.

This handbook is to give you a general understanding of the OC All-Star program. This packet will outline the details of this season's All-Star program including:

- Team Evaluation Information
- Time Commitment
- Program Fees & Expenses

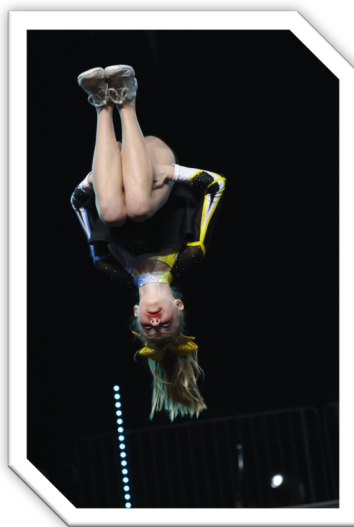
We thank you again for choosing OC All-Stars and hope that you enjoy an incredible season with us!

OC All-Stars Foothill Ranch
19531 Pauling, Suite 200
Foothill Ranch CA 92610
949-766-TEAM (8326)
ocallstars.com

OC All-Stars Anaheim
95 E. Orangethorpe Ave
Anaheim, CA 92801
657-341-0462
ocallstars.com

TEAM EVALUATIONS

Open House: This season we are inviting athletes and their families to come in, tour the gym and ask any questions face to face with the owners. Anaheim will host families Monday, April 10th 4pm-6pm and Foothill Ranch will host families Thursday, April 13th 5:30-7:30pm. Furthermore, we will have a link available to watch a recording. Here we will cover important issues for the 2023-2024 season such as our philosophy, teams, rules and regulations, schedules, fees, competitions, and more. Stay informed with the latest information -- Here is the link to our interest list:



Team Evaluations: Every individual must attend evaluations to be considered for a team. If you are unable to attend the group evaluation, please sign up for a private evaluation in the parent portal. Positions will not be held for any individual trying out after the group evaluation and prior to team placements. Athletes will showcase tumbling, jumps and in some cases flexibility and stunting.

Foothill Ranch

Wednesday, May 10th – DAY 1

Birth Year 2018-2014

Check in @ 4:00pm – Evaluations 4:15-5:15pm

Birth Year 2013-2011

Check in @ 5:15pm – Evaluations 5:30-6:30pm

Birth Year 2010-2008

Check in @ 6:30pm – Evaluations 6:45-7:45pm

Birth Year 2007 and older

Check in @ 7:45pm – Evaluations 8-9pm

Saturday, May 13th – DAY 2

Level 1-2 ALL Ages

Evaluations 10:00-11:30am

Level 3-6 ALL Ages

Evaluations 11:30-1:00pm

Anaheim

Thursday, May 11th – DAY 1

Birth Year 2018-2014

Check in @ 4:00pm – Evaluations 4:15-5:15pm

Birth Year 2013-2011

Check in @ 5:15pm – Evaluations 5:30-6:30pm

Birth Year 2010-2008

Check in @ 6:30pm – Evaluations 6:45-7:45pm

Birth Year 2007 and older

Check in @ 7:45pm – Evaluations 8-9pm

Saturday, May 13th – DAY 2

Level 1-2 ALL Ages

Evaluations 2:00-3:00pm

Level 3-6 ALL Ages

Evaluations 3:30-5pm

WHAT TO BRING:

- Please pre-register online and pay OC All-Stars prior to the day of team evaluations in order for the front desk to have a name tag ready for your athlete.
- Team evaluation form (link available on website). All candidates must have an OC All-Stars registration and release form on file on our parent portal.
- *All returning athletes must have their accounts in good standing to be eligible to team evaluation for the next season.*
- To move through the sign-in process quickly, please have all forms completed before arriving at your team evaluation.

WHAT TO WEAR:

Please come in comfortable shorts with your hair in a high ponytail with any hair bow. You will receive your OC Team Tank at evaluations. Please wear cheer shoes and please remove all jewelry.

WHAT TO EXPECT:

All cheerleaders will be evaluated on their jumps, standing tumbling and running tumbling on Day 1 of evaluations. Please look at the evaluation rubric located throughout the gym for skills or located on the website. Day 2 of evaluations will be a series of timed tumbling, choreography, jumps and stunts in more of a group setting. If your athlete wants to be evaluated as a flyer, on Day 1 they will be asked to show all body positions and possibly be put in the air at the level of skills they are trying out for on Day 2. **Evaluations are closed to all parents and spectators.** Please understand the athletes will be nervous enough without an audience. OC All-Stars reserves the right to determine in its sole discretion which cheerleaders will be selected for a team and which team or teams they will be permitted to join.

TEAM PLACEMENTS & PROJECTED TEAMS

We strive to have every team for every level at OC All-Stars, but the actual teams depend on evaluations. We will be following this general model for selection and formations of teams:

Levels 1 - 6:

First, teams will be formed by skill level.

Then, if we have enough of an age group in a level, we will make teams according to Birth Year Tiny (2016-2018) Mini (2014-2017) Youth (2011-2016) Junior (2015-2008) Senior (6/1/04-2011), Senior Level 6 (2010-6/1/04). **AGES MAY CHANGE ACCORDING TO THE USASF AGE GRID *Other divisions may apply such as International (U16, U18, International). Then if we have enough in a level and age, we will separate according to team size (Small – 22 members and under; Medium – 23 to 30 members).

We believe that an individual can excel and will be most happy in the year ahead when placed on a team that complements their skill level. Furthermore, we believe that all of our teams regardless of skill level can have an extremely successful year. Our ultimate goal is to create balanced teams with strengths in all technical areas of cheerleading and dance. Cheerleading is a subjective sport and while athletes and parents may have their own opinions about team placement, please understand our responsibility to assemble balanced and competitive teams. It is the cheer coaches' final say as to where an athlete will be placed. Please respect this.

RESULTS:

Results will be emailed out no later than the evening of Tuesday, May 16th and practices will begin on Wednesday, May 17th and Thursday, May 18th. No athlete will be allowed to begin practice until the required fees have been paid and paperwork has been completed. We will place all athletes to make the most competitive teams possible.

TEAM ACCEPTANCE TIMES AND PARENT MEETINGS:

To accept your position - you must turn in all paperwork to the front desk and make the first payment online prior to practice starting. The gym will be open for acceptance on May 16th, 17th and 18th.

Please bring the following paperwork (completed) to the accept your position (all paperwork can be found in the handbook) :

- OC All-Stars Team Agreement, Signed Policies & Commitment Guidelines & Cheer Fees Schedule
- Registration Payment

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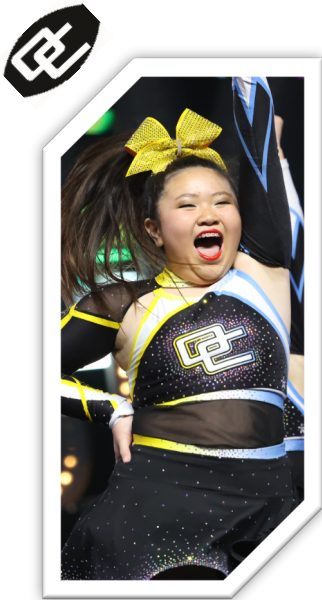
PRACTICES

Practices are the single most important activity for any competitive team. Practices for level 1 & 2 teams include 2 practices a week (including a team tumbling and stunt technique class in those 2 days). Practices for levels 3 & above are 3 days a week (including team tumbling and a stunt technique class). Missing practices is highly discouraged. Every time one person misses a practice it sets the team back. Please do your best to never miss a practice. The success of the team depends on every team member to be there.

Coaches will progress at each practice, with or without you. If you are missing a practice, this may mean moving you from a stunt or formation in order for the team to continue to progress at the practice you miss.

Each team member will be required to wear OC All-Star clothing at practices. Hair is to be in a high ponytail, out of your face.

COSTS



Competitive cheerleading, while not as costly as some youth activities, can still be an expensive sport. Before you consider this or any program, please carefully consider the financial commitment involved. All of our costs are listed upfront and disclosed prior to team acceptance. There are no hidden fees.

REGISTRATION FEE (due at time of sign up): Jon Ogden Photography, Banquet, End of Season Athlete Gift, Choreography deposit, May Tuition Payment

TUITION: This is the price of the actual cheer training. The weekly practices and any extra practices throughout the season are covered by tuition. Tuition fees are divided into 12 months with the first payment due in May. Summer Break, Holidays, and the shortened month in April have been accounted for in the pricing.

COMPETITION: Registration fees for approximately 7-8 competitions, music, choreography, coaching fees.

CLOTHING, UNIFORM & COMPETITION BOW: OC All-Stars will be using the same competition uniform from the 2022-2023 season that all level 1-5 athletes will be wearing. A new competition bow will be required. A competition shirt, and practice sports bra and shirt are included in the clothing pricing.

Detailed pricing coming out in April prior to our open house

Please contact us with any questions
MANDY@OCALLSTARS.COM